

Dear all,

Thank you for your attention. I have been discharged from the hospital and am trying to avoid a repeat the hospitalization (already 9 times in Japan [Okayama 4times, Osaka 4times, Osaka (Osaka University) 1time] during 2024/6~2025/4). Although we have agreements with the Medical Doctors at Osaka University hospital (1. We stop taking medicines when they do not work. 2. Only medicines that are making sense are prescribed. 3. They don't do that I don't agree), it is still under recovery. The recovery should be led by healthy way by healthy people. I feel the Doctors at the second hospital in Osaka is much better than the first hospital in Osaka (4~8th hospitalization). I hope the 9th hospitalization at Osaka Uni hospital is the last one (discharged on 4/13/2025). We should stop similar situation happen to your friends (a repeat of your friend's hospitalization). Now, I believe many people are already aware of what is going on in society depending on people's own experiences. I believe I was just a Ignoramas when I was young. I need good and healthy people's support because I know there are still people who try to exploit mental and social turbulence by targeting each less fortunate situation and looking for a chance to get money directly and indirectly through the serious live and death involved situation. Usually, targets are elders who don't have enough knowledge of "artificial hard situations" and who do not complain against people who generated the "artificial hard situation". Artificial hard situation can be through mental (invisible) and physical (visible) interactions in society.

However, it can be physically unhealthy people sometimes because they are also relatively weak. We should keep in mind it is reflection. Because anyone could be sick/hurt accidentally even if you are very careful. For example, if you ask return money because of advance payment, it is going to be arguable. Because anyone could make mistakes or disaster (e.g. earthquake, fire) won't wait. If your service contains such inevitable events, you must cancel it and customer who have already paid can ask the money with the same logic. In Japan, there are national services such as national research institutes, education system, national hospitals, city offices, job search (i.e, hello work) and so on. There are national expenses (i.e., weapons). There are national infrastructures (e.g., NTT, Postal, JR, museums, parks) and so on. There are many places that adopt the similar system in other industries as well (i.e., Transport, hotel, real estate, natural resources, companies' products, individual products, finance products). If you cancel them because something is wrong, can you get the refund any cases? It is worth trying to ask refund though, we should also consider our long term future.

If you have a healthy mind, you will not hurt others, and you will not satisfy the situation of people's hospitalization in society. Please remember that it is a sad thing that people go to hospitals because of their health issues. If you have problems relevant to your physical and mental health, you must be very careful. Pay attention to a series of subtle actions (or artificial events) around you, including actions that appear to be random (or including events that appear to be random). You might be able to find the correlation (actions seem to be relevant but you don't know why). If you come across such a situation, I suggest trying to stop bad cycles. You should know, in advance, elders who appear to have been targeted could confuse us. When you are confused, I think the correlation is a good start because we don't have to consider the reason.

In general, illegal actions, bullies, dishonesty, insincerity and bad faith, these are considered as bad thoughts and actions. Healthy people would not represent these bad thoughts and express as actions (Please remember illegal actions will be punished under our society). Healthy people would not discriminate healthy people. I hope we (healthy people) can improve society together by helping each other for a happy and safe life for healthy people. I believe healthy people would like to be a part of a safe and peaceful community.

I want to tell illegal people who are targeting us to stop targeting us (healthy people). Our peaceful community likely hopes illegal people will follow our law through democracy (Please remember how current law is decided in history.)

I would like to tell targeted people to find healthy people. If you could not, try to stay public places with more random people, which likely provide safe area. Because other random people are not targeted. Similarly, try to pick up more random essentials (e.g., food) using trustable information about health to maintain your health.

If you are healthy people and at a loss to be healthy, you can contact me in healthy way in your definition. I would be happy to try to help you.

Best wishes,
Wataru Nishima
w.nishima@gmail.com